



Longfellow Middle School

May 2010
Breakfast Menu

3 Biscuit Gravy w/sausage bits milk juice	4 Cereal Pop Tart Milk Juice	5 Pancake Sausage link Milk juice	6 Breakfast Burrito Milk juice	7 Biscuit Sausage patty Cheese Milk juice
10 Biscuit Gravy w/sausage bits milk juice	11 Cereal Nutri Grain Bar Milk Juice	12 Waffle Sausage link Milk juice	13 Sausage roll Milk juice	14 Biscuit Bacon Cheese Milk juice
17 Biscuit Gravy w/sausage bits milk juice	18 Cereal Pop Tart Milk Juice	19 Leftovers Milk juice	20 Last Day of School	21
24	25	26	27	28
<div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p>Applications for Free & Reduced Meals Will be available July 12, 2010 @ Central Kitchen – 519 So. Washington</p> </div>				
31 Beginning May 3rd Not Able To Charge Meals In Cafeteria	<p>Assorted Fruits offered Daily. Peaches Pineapple Apple sauce Peas Mixed Fruit Mandarin oranges</p>			
<div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p>Note: *Indicates Product Contains Peanut Butter or Nuts* ½ PINT OF MILK SERVED WITH ALL MEALS; CHEF SALADS SERVED WITH MILK & FRUIT SUBJECT TO CHANGES</p> <p>Student Breakfast \$1.25 Student Lunch \$2.75</p> </div>				

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May 2010 Lunch Menu

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<p>3 hamburger lettuce, onion, pickles French fries cookie assorted fruit or bbq Rib sandwich assorted fruit, fries</p>	<p>4 Taco salad Lettuce/cheese Corn Cinnamon roll Assorted fruit Or Pizza pocket Assorted fruit, fries</p>	<p>5 Salisbury steak Mixed veggie Potatoes, gravy Roll Assorted fruit Or Turkey n' cheese Assorted fruit, fries</p>	<p>6 Fish stix & nuggets Mac n' cheese Peas Texas toast Assorted fruit Or Sloppy joe Assorted fruit, fries</p>	<p>7 Pizza Tossed salad Cookie Assorted Fruit Or Hot Dog Assorted Fruit, fries</p>
<p>10 Hot Dog Baked Beans Potato Salad Cake Assorted Fruit or Chicken Sandwich Assorted Fruit, fries</p>	<p>11 Burrito w/cheese Spanish Rice Corn Cinnamon Roll Assorted Fruit Or Bbq Beef Sandwich Assorted Fruit, fries</p>	<p>12 Chicken Strips Green Beans Potatoes, Gravy Roll Assorted Fruit Or Ham N' Cheese Assorted Fruit, fries</p>	<p>13 Chicken Chow Mein Egg Roll Fortune Cookie Assorted Fruit Or Corn Dog Assorted Fruit, fries</p>	<p>14 Garlic Bread w/Pepperoni Tossed Salad Cookie Assorted Fruit Or Taco Burger Assorted fruit, fries</p>
<p>17 Chicken Sandwich Lettuce/Tomato French Fries Cookie Assorted Fruit Or Polish Sausage Assorted Fruit, fries</p>	<p>18 Pizza Tossed Salad Corn Cookie Assorted Fruit Or Hamburger Assorted Fruit, fries</p>	<p>19 Leftovers</p>	<p>Last Day of School 20 Turkey n' cheese Carrotini's Chips Gripz Apple slices Same for everybody</p>	<p>21</p>
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>

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