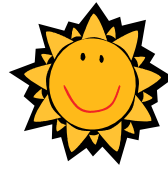
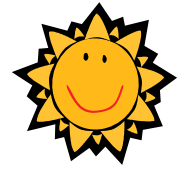


Rise & Shine Sunshine!



September 2010



It All Starts With
Breakfast!

		1 French Toast Sticks Sausage Link Syrup Juice Milk	2 Breakfast Pizza Juice Milk	3 Cinnamon Raisin Biscuit Little Smokies Juice Milk
6 Labor Day No School	7 Cereal Pastry Juice Milk	8 Pancake Bacon Syrup Juice Milk	9 Ham & Cheese Biscuit Juice Milk	10 Pancake Pup Syrup Juice Milk
13 Cereal Muffin Juice Milk	14 English Muffin Sausage Juice Milk	15 Waffle Little Smokies Syrup Juice Milk	16 Breakfast Burrito Yogurt Blueberries Juice Milk	17 Breakfast Bites Syrup Juice Milk
20 Cereal Pastry Juice Milk	21 Bacon & Egg Biscuit Juice Milk	22 French Toast Sticks Sausage Link Syrup Juice Milk	23 Chicken Biscuit Juice Milk	24 Sausage & Cheese Biscuit Juice Milk
27 Cereal Muffin Juice Milk	28 Ham & Egg Biscuit Juice Milk	29 Pancake Pup Syrup Juice Milk	30 Cinnamon Raisin Biscuit Little Smokies Juice Milk	

Note: *Indicates Product Contains Peanut Butter or Nuts*

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 • Extra Juice Purchased At Breakfast \$0.25
 • Extra Milk Purchased At Breakfast/Lunch \$0.30
 Breakfast \$1.25 Lunch \$2.50

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2010



Join The **LUNCH** Bunch
 In The School Cafeteria

	1	2	3
	Goulash ☺ Corn Banana Batter Bread ☺ Milk	☺ Cheese Enchilada w/Chili Refried Beans Jell-O w/Mandarin Oranges Hummingbird Cake ☺ Milk	Indian Taco ☺ w/Meat & Beans Lettuce & Cheese Applesauce Milk
6 Labor Day No School	7	8	9
	Chicken & Rice ☺ Mixed Vegetables Mixed Fruit Bread Stick Milk	☺ Sweet & Sour Meatballs Green Beans Peaches Wheat Roll ☺ Milk	Sausage Pizza Salad Corn Sliced Apples Milk
	13	14	15
Beef Stroganoff ☺ Corn Mixed Fruit Wheat Roll ☺ Milk	Corn Dog Macaroni & Cheese ☺ Peas & Carrots Applesauce Cup Milk	Spaghetti ☺ Salad Fresh Orange Italian Hot Roll ☺ Milk	Rib Sandwich Baked Fries Fresh Broccoli w/Ranch Apple Raisin Fruit Bar ☺ Milk
20	21	22	23
Salisbury Steak Scalloped Potatoes Jell-O w/Applesauce Bread Stick Milk	Hamburger Pickles Baked Potato Wedges Mandarin Oranges Milk	Taco Salad ☺ Lettuce & Cheese Corn Cinnamon Roll ☺ Milk	☺ Frito Chili Pie ☺ Cheese Celery Sticks w/Ranch Peaches Milk
27	28	29	30
Beef Fingers Mash Potatoes & Gravy Pears Wheat Roll ☺ Milk	Chicken & Noodles ☺ Salad Tropical Fruit Wheat Roll ☺ Milk	Pizza Pocket String Cheese Mixed Veggies Sliced Apples or Watermelon Milk	Taco Burger w/Cheese ☺ Baked Fries Grapes Snickernoodle Cookie ☺ Milk
			24 ☺ Chicken Salad Sandwich Baked Tri-Tater Sliced Apples or Watermelon Oatmeal Cookie ☺ Milk

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